

Blueprints

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Job Ready Assessment Blueprint

Test Code: 4062 / Version: 01

Practical Nursing

**Enhancing today's workforce
through tailored performance solutions**

Specific Competencies and Skills Tested in this Assessment:

Communication and Employability

- Identify and use various forms of Practical Nursing-related communication
- Demonstrate acceptable Practical Nursing employee health habits
- Demonstrate appropriate professional behavior as a Practical Nurse
- Demonstrate basic computer skills related to Practical Nursing
- Report patient status and needs to appropriate health care team members
- Identify and apply appropriate medical terminology and abbreviations



Legal/Ethical Responsibilities

- Practice within the role and scope of the job description
- Explain the client's "Bill of Rights"
- Follow facility guidelines regarding patient restraint
- Maintain confidentiality and adhere to HIPAA guidelines
- Follow policies and procedures affecting the health, safety, and well-being of patients
- Recognize and report signs and symptoms of all forms of abuse and neglect
- Follow facility and legal guidelines related to documentation
- Identify the role of health care team members
- Appropriately utilize the chain of command
- Follow OSHA requirements

Anatomy and Physiology

- Describe the relationships of body systems in providing patient care
- Describe the structure and function of body systems
- Describe characteristics of growth and development from conception to death

Specific Competencies and Skills continued:

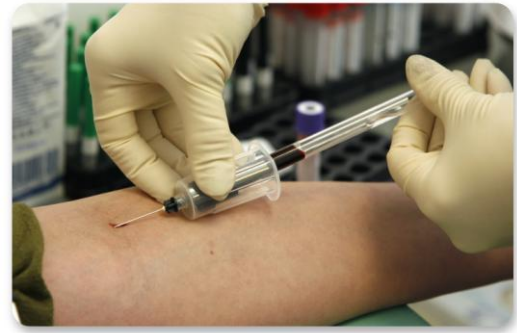
Patient Care Skills

- Define and utilize the nursing process to assist with the patient's plan of care
- Identify and respond appropriately to emergency situations
- Identify and maintain a safe physical environment
- Monitor and record patient vital signs
- Provide pain management and palliative care
- Identify signs, symptoms, and treatments related to disorders of body systems
- Administer safe care for patients with diseases and disorders of body systems
- Assist the RN with collection of relevant patient data
- Assist with the identification and documentation of changes in health status that interfere with patient's ability to meet basic needs
- Provide appropriate care for patients across the lifespan
- Assist with admissions, transfers, and discharges
- Assist with activities of daily living (ADLs)
- Perform prescribed treatment procedures within the scope of practice
- Demonstrate use of good body mechanics
- Establish and maintain aseptic technique
- Measure for and apply anti-embolic/TED hose
- Identify nutritional needs of patients
- Provide appropriate pre-op and post-op patient care



Specific Competencies and Skills continued:**Administer Medication**

- Demonstrate the six rights of administering medication
- Observe and respond to patient's need for medication
- Perform calculations and conversions, including time conversions
- Safely administer oral, topical, and parenteral medications
- Monitor and document use of controlled substances
- Document administration of medication and patient's response
- Properly store and dispose of medications and supplies
- Provide patient education related to medication use
- Provide care and maintenance of IV infusions
- Identify medications used in the treatment of diseases/disorders of the body systems

**Infection Control**

- Identify and practice standard and transmission-based precautions according to CDC guidelines
- Establish and maintain an isolation unit
- Identify the chain of infection and measures to prevent the transmission of disease

Psychological Support

- Identify basic human needs across the lifespan
- Identify common manifestations of patients with psychological disorders
- Discuss family dynamics and the effects on patient health
- Provide culturally competent care
- Identify stages of the grief process
- Identify community resources for individual and family health

Supervised Management Functions

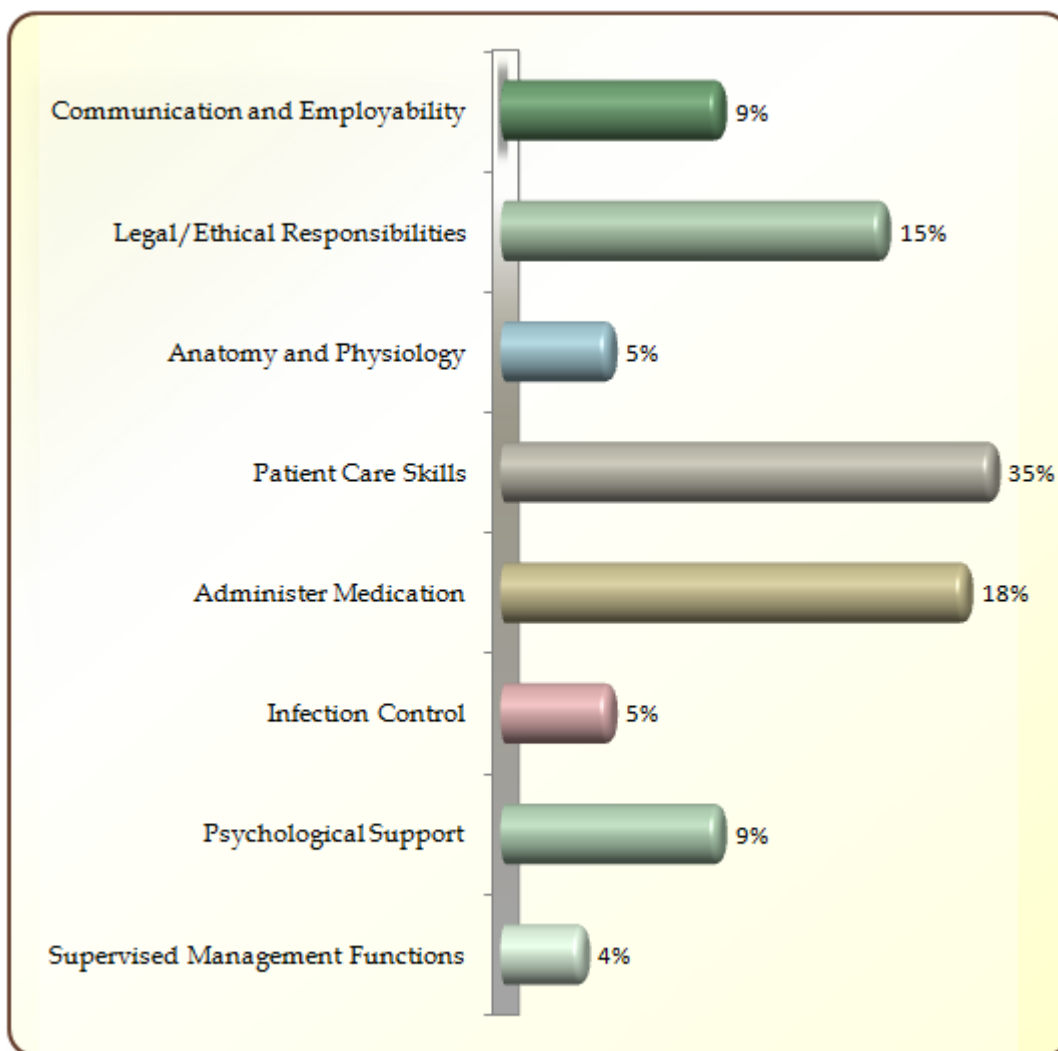
- Prioritize and effectively complete patient care assignments
- Participate as a member of the health care team
- Communicate and delegate tasks to assistive personnel

Written Assessment:

Administration Time: 3 hours

Number of Questions: 202

Areas Covered:



Sample Questions:

The term, cholecystectomy, means removal of the

- A. bladder
- B. gallbladder
- C. colon
- D. kidney

Newborns receive a Vitamin K injection at birth to

- A. prevent ophthalmia neonatrum
- B. prevent retrolental fibroplasia
- C. reduce potential for hemorrhage
- D. assist in conjugating bilirubin

Symptoms of placenta previa include

- A. continuous, painless uterine contractions
- B. hypertension and hyperglycemia
- C. painless vaginal bleeding
- D. sudden, sharp abdominal pain

A patient taking Elavil should be monitored for

- A. temporary hearing loss
- B. headache
- C. bleeding gums
- D. tachycardia

A person who threatens to commit suicide

- A. should always be taken seriously
- B. is generally only trying to get attention
- C. is often dangerous to others
- D. will always carry through on the intention

Performance Assessment:

Administration Time: 2 hours and 50 minutes
Number of Jobs: 6

Areas Covered:

24% **Take Vital Signs**

Assemble equipment, patient interaction, aseptic techniques, positioning of patient, measurement of blood pressure, counting of respirations, counting of apical pulse, pain assessment, documentation, cleaning of equipment, and time to complete procedure.

18% **Transfer a CVA Patient**

Assembling equipment, patient identification, introduction and explanation of procedure, equipment use, aseptic techniques, safety, body mechanics, patient positioning, patient positioning in wheelchair, patient positioning in bed, and time to complete procedure.

21% **Insertion of Indwelling Catheter**

Assembling equipment, patient identification, introduction and explanation of procedure, drape usage, maintaining sterile field, sequence of procedures, use of equipment, medical/surgical techniques, privacy, placement of catheter, drainage tubing, and bag, maintaining environment, disposal of equipment, documentation, and time to complete procedure.

9% **Remove Contaminated Linen from Isolation Unit**

Assembling equipment, use of personal protection equipment, removal of linens, disposal of equipment, handwashing, and time to complete procedure.

16% **Administration of Medication**

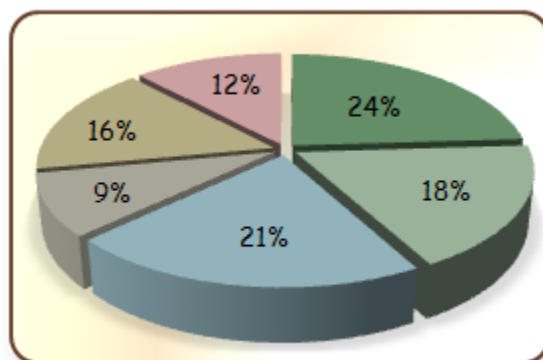
Verification of doctor's orders, assembling equipment, patient identification, introduction and explanation of procedure, aseptic techniques, use of "Six Rights of Drug Administration" for medication, disposal of equipment, calculation of medication, and time to complete procedure.

Performance Assessment continued:

Areas Covered continued:

12% Cardiopulmonary Resuscitation of an Adult Patient

Establishing unresponsiveness, positioning of patient, opening airway, administration of ventilations, establishment of pulselessness, positioning of hands, compressions, use of body mechanics, outcome of CPR, and time to complete procedure.



Sample Job: Transfer a CVA Patient

Maximum Time: 30 minutes

Participant Activity: The participant will demonstrate the appropriate methods, equipment, procedures, body mechanics, safety measures, and communication skills to transfer a CVA patient with right-side paralysis from bed to wheelchair and back to bed.

